

Skip Stein

Polymath Productivity & Lifestyle Consultant

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I am a business professional having dealt with issues and solutions to problems in the areas of business systems processes, electronic commerce and Health & Wellness. I founded Management Systems Consulting, Inc., in 1998. With a focus on enterprise-wide business analytics, process improvement and profit generation, I have been a leader in the organizational challenges and approach solutions that are inclusive and that work across the entire organization.

I provide a complete skill set coupled with a professional business sense that provides me with the ability to understand complex business situations and 'pare' them down to achievable action steps. I have the ability to bounce from technical discussions to business analytical reviews with senior management. My drive, enthusiasm and team work skills allow me to define, develop and implement process solutions to complex problems.

I am well versed in financial systems and operations working several years in commercial banking industry and public accounting. I have implemented Enterprise Resource Planning systems for manufacturing/distribution, electronics, transportation and pharmaceutical companies. I have also designed and implemented various manufacturing/distribution/financial electronic transaction systems for major manufacturers in the USA, Europe and China.

I am now involved with Whole Foods 4 Healthy Living, our health & wellness products and services company with a focus on Corporate Health, Wellness and Productivity. My business analytical services can provide you with functional process reviews, productivity analysis focused on individuals and small-medium businesses.

From Computer Management Reviews (CRMR) to EDI and Cross-Functional electronic business transaction analysis (EBFM) I address the health of the company from both the technological as well as corporate health & wellness. A complete business productivity and profitability analysis.

I have devoted much of my time to research and learning about how Whole Foods contribute to overall Health & Wellness. As a Nutritional Holistic Cancer Survivor, I understand how lifestyle changes can impact the progression/reversal of disease. This background has provided me with an understanding how to build a healthy and vital lifestyle to support the strenuous work demands of today's executive.

I apply my degree in Psychology during health and wellness counseling sessions to ease clients into a new lifestyle and begin the journey to health and wellness. My degree in Behavioral Psychology from the University of Houston, provides an excellent background for my Lifestyle Counseling practice.

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| Citizenship: | United States of America |
| Education: | B. S. Psychology University of Houston, Houston Texas |
| Certification: | CISA - Certified Information Systems Auditor CDP - Certificate in Data Processing |
| Web Sites: | WholeFoods4HealthyLiving.com, Lifestyle.wf4hl.com, CorporateWellness.wf4hl.com, MSC.skipstein.com |

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